

## General foray information

Wear suitable shoes or boots as areas can sometimes be wet and muddy.  
In some areas you will also need to cover arms and legs to prevent picking up ticks which can transmit Lyme disease, a nasty illness which is becoming more prevalent. [More about Lyme disease on NHS Choices](#)

Useful aids are notebook and pencil, pocket identification guide, a knife with a folding blade of less than 8 cm, hand trowel, hand lens, a basket and some small containers.

**Please do not bring dogs without prior permission from the leader of that particular foray.**  
Dogs should be kept on a lead at all times, especially so on nature reserves and private estates.  
It is the responsibility of the owner to clean up after their dog.

### A note on 'edible' fungi

Many species are good to eat but you should always take great care on selecting fungi for the table.  
Some fungi regarded as delicacies by some can cause upset to others. Always try a small quantity first if eating any mushroom for the first time.  
**If in doubt do not eat it.**

**Please note that fungi must not be picked for eating on any SSSI.**

On other reserves or forays, taking a small quantity of common edible species per person may be tolerated but over picking must be avoided so as to leave fungi for the enjoyment of others and for their further propagation

**The Nottinghamshire Fungi Group cannot take responsibility for any poisonous or allergic reactions that may occur after eating any fungus.**

**DO NOT ACCEPT ADVICE FROM OTHERS REGARDING THE EDIBILITY OF FUNGI BECAUSE THAT PERSON MIGHT BE MISTAKEN OR YOU MIGHT HAVE AN UNUSUAL REACTION.**

**UNLESS YOU YOURSELF ARE ABSOLUTELY CERTAIN THE FUNGI IS SAFE THEN DO NOT EAT IT.**

### Insurance

Nottinghamshire Fungi Group obtains public liability insurance under a policy arranged with Ansvar Insurance by the Fungi Conservation Trust.  
Details of the cover offered can be obtained by contacting the Treasurer of the NFG

**Foray Programme 2017 – all start 10.00am and aim to finish by 12.30pm**

**SPRING FORAY PROGRAMME**

<b>Date</b>	<b>day</b>	<b>venue</b>	<b>L</b>	<b>D</b>	<b>Directions</b>
23/4/17	Sunday	Idle Valley DN22 8RQ	<i>HW</i>	<i>DM</i>	From South A614 to the Ollerton roundabout. Take the B6420, Mansfield Road into Ollerton and continue on this road, when it turns into Sutton Road. You come to the T junction with the A638 where you turn a very sharp right. It is well sign posted from here but there is a left turn in under half a mile, then a left turn after about 500ft. A right turn then takes you into the nature reserve. Please meet in the car park opposite the Visitor Centre.  From other directions come in from the A638 and it is well signposted.
13/5/17	Saturday	Spa Ponds  SK572627  NG19 0HS.	<i>AW</i>	<i>HW</i>	From the south take the A614 towards Ollerton, at the Rose Cottage lights turn left, at the Robin Hood Pub lights turn left on to the B6030. Drive through Clipstone staying on the B6030 towards Forest Town and Mansfield. Just after the 30 mile an hour sign, turn left at the top of the hill into the White Gates Hotel/Pub carpark. Spa Ponds is across the busy road 50 yards on your left between the houses - meet in the pub car park first.  From the north at Ollerton roundabout A616/A614 take the A614 towards Nottingham for about a mile then take a right towards Clipstone on the B6030, drive through Clipstone staying on the B6030, then as above.

**PROVISIONAL AUTUMN FORAY DATES AND VENUES**

<b>Date</b>	<b>day</b>	<b>L</b>	<b>D</b>	<b>venue</b>
12/8/17	Saturday	AW	HW	THORESBY ESTATES
10/9/17	Sunday	MC	HW	VICAR WATER
23/9/17	Saturday			WOLLATON HALL
4/10/17	Wednesday	HW	DM	RAINWORTH HEATH
8/10/17	Sunday	DM		SHERWOOD FOREST VISITOR CENTRE (NATIONAL FUNGI EVENT)
15/10/17	Sunday	HW	CH	DANESHILL LAKES
21/10/17	Saturday	DB	DM	HAYWOOD OAKS
25/10/17	Wednesday	MC	JB?	TRESWELL WOODS
5/11/17	Sunday	AW	DM	BRINSLEY HEADSTOCKS
11/11/17	Saturday	AW	DM	RUSHCLIFFE COUNTRY PARK WE ARE INVITED TO COFFEE WITH THE WATCH GROUP AFTERWARDS
18/11/17	Saturday	DB	MC	DUKES WOOD
29/11/17	WEDNESDAY	AW	DB	RANSOM WOOD PLUS OPTION LUNCH AT FOREVER GREEN